

SENIOR LIVING TRUTH EMPOWERMENT SERIES

The goal of this seminar is to debunk many of the longstanding myths associated with age related changes, getting older, and brain diseases such as Alzheimer's. We will explore the following:

Will we lose our memory as we age? Do thinking and reasoning eventually slow down? What are the signs of a healthy or unhealthy brain? Is there anything I can do to avoid having dementia?

“The Truth on Your Aging Brain”

WHEN: Thursday, Sept. 16, 2021 • 10- 11:30 am

WHERE: Gahanna Senior Center
480 Rocky Fork Blvd.
Gahanna, 43230



COST: Free for Seniors
Registration Required – Limited Seating

Call 614-561-1621 to Register by Wed. Sept. 15th

PANELISTS



Linda Baker, MSBS, PA-C
Diley Medical Group



Jim Logsdon
Brookdale Senior Living



Regina R. Hill
Royal Treatment Company
Moderator

Sponsored by:

Franklin County Office on Aging
Suter Financial
Royal Treatment Company
Shining Company

Hosted by:

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